

**Great Waltham 5k Run / Ramble
10.00am Sunday 21st September 2008
& Under 16's 2K fun run at 10.45am**

Please complete all parts of the entry form in **BLOCK CAPITALS**

SURNAME	
FORENAME	
ADDRESS	
Please state any medical Condition that organisers need to be aware of	
CONTACT NUMBER	

Male Female 5k run 5k walk 2K under 16's
 Parent at Great Waltham School YES/NO
 Age on race day:-

ENTRY FEE £4.00 in advance (**£5.00 entry fee on race day**)
 £1.00 under 16's races
 £2.00 adult walkers

Please return your **cheque** payable to: Friends of Great Waltham School, together with the completed **entry form** and an **A4 stamped addressed envelope** to:
 Janet Bloomfield, 15 Dickeymoors, Great Waltham, Essex, CM3 1DD.

On receipt of your payment, your race details will be forwarded to you.
 It is a condition that children under 8yrs of age are accompanied on the run by an adult and that **parents or guardians countersign applications from all children under the age of 16yrs.**

Please enter me in the Great Waltham run. I am medically fit to run, and understand that the organisers, sponsors or any assisting person or persons will in no way be held responsible for any injury, illness, loss or damage to my person or property incurred during or as a result of the event, or for any damage caused by me to other person's property. The organisers reserve the right to refuse entry for any reason.

Signed..... Date.....

Organised by the Friends of Great Waltham School (registered charity No. 289221)